



Islamic Foundation of Toronto Presents

# AGE WELL AT HOME

Looking for passionate individuals to volunteer with seniors

## *Volunteers will:*

- Provide Practical Support
- Light Housekeeping
- Dusting and Organizing
- Pick & Drop Service
- Snow Removal
- Grocery Shopping
- Pick & drop to medical appointments



## Contact Us:

Sajeda Khan : 647-836-6264



Funded by the  
Government of Canada's  
Age Well at Home Initiative

Canada